

**Ruth Hansten RN, MBA, PhD** is the author of seven books, numerous publications, and contributes to five textbooks. Her mission is to promote healing and wholeness, transforming organizations through relationship enhancement and skills development, and developing people through education and coaching. With 50 years of experience in nursing, she brings both a practical and humorous approach to the essential work that healthcare professionals do.

For the past 25 years her national consulting practice has worked with nursing care delivery models, critical thinking, delegation and leadership skills, coaching, and interdisciplinary team development.



### **Care Model**

Dr. Hansten has developed a care delivery model and philosophy called Relationship and Results Oriented Healthcare® (RROHC) and this model had resulted in better patient outcomes, clinical indicators, employee engagement, provider satisfaction, and healthcare employee retention. This model is described in her book *The Relationship & Results Oriented Healthcare Planning and Implementation Manual* (2008) and *The Master Coach Manual for Relationship & Results Oriented Healthcare Program* (2014).

### **Doctoral Research: Critical Thinking**

Ruth's doctoral research focused on critical thinking and clinical judgment and she incorporates her research into her teaching and consulting strategies.

### **Teaching Delegation, Supervision, Assignment, Prioritization**

In 2008 the 4th edition of her *Clinical Delegation Skills: A Handbook for Professional Practice* book was published, the first edition of which was granted the AJN Book of the Year award. She contributes to Zerwekh and Garneau's *Nursing Today: Transitions and Trends*, LaCharity et al.'s *Prioritization, Delegation, and Assignment* for both RNs and LPN/LVNs, and Kelly Vana and Tazbir's *Nursing Leadership & Management*, and Kelly Vana's *Third Edition of Quality and Safety Education for Nurses: Core Competencies for Nursing Leadership and Management*.

### **Nursing Leadership and Charge RN Education**

Dr. Hansten is a frequent webinar faculty related to nursing leadership, charge RN and nurse manager education, delegation, supervision, assignment, and resiliency. She has been a Fellow of the American College of Healthcare Executives, has served as adjunct faculty for the University of Washington and Seattle University Schools of Nursing, and has lectured or consulted at approximately 190 organizations internationally, at times to identify/improve nursing and patient safety issues. She has served as a Board of Directors trustee at a Pacific NW medical center and on the AHA (American Hospital Association) Regional Policy Board. Her education and coaching practice focuses on enhancing professional and leadership development for executives and managers. Ruth's clinical practice as a staff RN and leader has been in acute care, medical-surgical, critical care, public health, and community nursing. She is most proud of being voted "Boss of the Year" by the MWBA in Spokane, WA, and one of the "Great Head Nurses" by the AJN in the 1980s, being selected as a Transformational Pioneer in Nursing by NWOE.

### **Coaching and Consulting**

Currently, Ruth is accepting coaching clients and a few select workshops or consulting projects. Contact [Ruth@Hansten.com](mailto:Ruth@Hansten.com) or phone us at 206.999.1640.