

News Release

FOR IMMEDIATE RELEASE ONLY:

July 13, 2018

FOR MORE INFORMATION:

**Jennifer Capps, chief development and
communication officer**

(360) 427-3623

JCapps@MasonGeneral.com

MGH&FC RECEIVES 2018 “INFANT SAFE SLEEP” BRONZE AWARD

Shelton, Wash. – The Birth Center at Mason General Hospital was recently recognized by the Cribs for Kids® Safe Sleep Academy for its commitment to community leadership for best practices and education on infant safe sleep through the development of a hospital policy, staff training, and parent education. MGH&FC achieved designation as a **Bronze Safe Sleep Hospital** in the National Safe Sleep Hospital Certification Program through the Birth Center’s Infant Safe Sleep Program.

The Safe Sleep Program provides education and instruction to parents on how to create a safe sleep environment for newborns, teaching the dangers of toys and blankets in the crib, and the best sleep positions for babies.

Every year in the United States, more than 3,500 infant deaths occur due to accidental suffocation, asphyxia, or undetermined causes during sleep. The Safe Sleep Academy was developed by the Cribs for Kids® National Infant Safe Sleep Initiative in 1998, with a mission to prevent these deaths by educating parents and caregivers on the importance of practicing safe sleep for infants. Cribs for Kids® also provides portable cribs to families who otherwise cannot afford a safe place for their babies to sleep.

The Birth Center coordinates its services with Mountain View Women’s Health and Oakland Bay Pediatrics for a seamless continuity of prenatal to postnatal care. Together, they offer several educational programs and services to expecting and new parents. For information on coordinated care services offered, visit **www.masongeneral.com**.

MGH&FC is approved by the Joint Commission and is a licensed and accredited acute care hospital with a level four emergency trauma designation. MGH&FC now offers Virtual Care – 24/7. For more information on Virtual Care or to find a health care provider, go to **www.MasonGeneral.com**.