

2024 Medicaid Quality Incentive – Safe Deliveries Roadmap

PART A Perinatal Mental Health Gap and Needs Assessment

The following questions are meant to assess the *current state* of practice and care for pregnant and postpartum patients admitted to any obstetrical unit. Please gather multidisciplinary input (staff nurse, providers, social work/similar, etc.) to answer the following questions:

For more information, visit <https://saferbirth.org/psbs/perinatal-mental-health-conditions/>

1a Does your obstetric unit use a standardized process to screen for perinatal mood and anxiety disorders?

Never (<10% of the time) Sometimes (10-39%) Often (40-74%) Usually (75-90%) Always (>90%)

1b What screening tool(s) is used? FREE TEXT

1c Does it include an evidence-based, patient-centered response protocol? YES/NO/COMMENT

2a Are patients routinely screened for structural and social drivers of health?

Never (<10% of the time) Sometimes (10-39%) Often (40-74%) Usually (75-90%) Always (>90%)

2b What screening tool(s) is used? FREE TEXT

3a Are patients routinely screened for suicidality?

Never (<10% of the time) Sometimes (10-39%) Often (40-74%) Usually (75-90%) Always (>90%)

3b What screening tool is used? FREE TEXT

4 Does your unit have a dedicated social worker/similar role who specializes in the perinatal population and who provides perinatal specific resources? YES/NO/COMMENT

5 Are your patients typically **scheduled** to have their first postpartum visit within 1-3 weeks after discharge? YES/NO/COMMENT

6a Are all patients given specific education about perinatal mood and anxiety prior to discharge?

Never (<10% of the time) Sometimes (10-39%) Often (40-74%) Usually (75-90%) Always (>90%)

6b Are the educational materials culturally relevant and in their written or spoken language? YES/NO/COMMENT

7 Has staff been offered training/education on perinatal mood and anxiety disorder? YES/NO/COMMENT

7a What percent of nurses have completed the offering? (estimate) FREE TEXT NUMBER

7b What percent of OB providers have completed the offering? (estimate) FREE TEXT NUMBER

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7c What percent of Social Work/Similar Role have completed the offering? (estimate) FREE TEXT NUMBER

7d How often are staff required to participate in the training/education?
ANNUALLY/BIANNUALLY/NOT REQUIRED/COMMENT

8 Referring to the training/education offered above, did it address: (check all that apply)

Trauma informed approaches

Cultural humility

Health care team bias and stigma related to mental health conditions

Anti-racist considerations

Community-specific, relevant resources for clinicians

Signs/symptoms of common perinatal mental health conditions

Comment:

9 Describe what your OB department would need to begin or advance successful implementation of AIM Perinatal Mental Health Bundle elements (check all that apply)

Screening tool(s)

Screening process, including response

Provider specific education

Nurse specific education

Social work/similar role specific education

Community-specific, relevant resources (specify in comment)

Order sets/EHR optimizations

Patient facing education

Time, budget, or other operational resources

Quality improvement methodology

None

Comment